# FEMALE SEXUAL AND REPRODUCTIVE HEALTH CLINIC IN AN ADDICITON CLINIC- CAN IT BE DONE?

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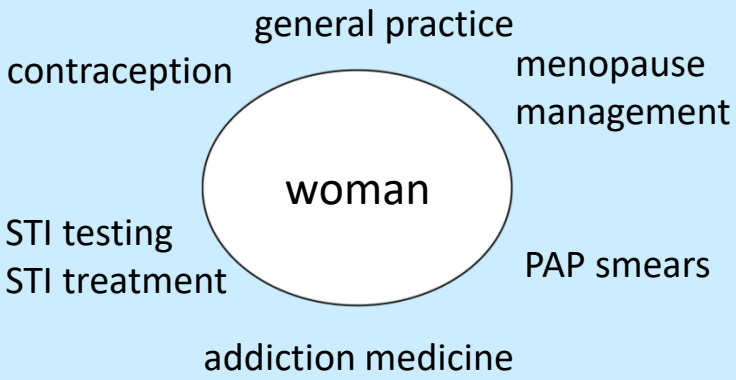
## Background

Women who use drugs (WHUD) have increased risk of sexually transmitted infections (STI), unplanned pregnancy and untreated menopausal symptoms.
They also face multiple barriers to attending other clinics including conflicting responsibilities, fear of discrimination and difficulty finding health care professionals who understand addiction medicine and its complications.

## Model of Care

In June 2022 started a Sexual and Reproductive Health (SRH) service imbedded within the addiction clinic, staffed by doctors trained in both sexual and reproductive health (SRH) and addiction medicine.




Women could either be referred by their healthcare practitioner or self-refer

## Results

60 patients were referred and 55 were seen in this service. 5 women never attended despite getting 5 appointments.
The average age was 43.7 years (18-65 years).
14 (25%) attended at the first appointment and 9 (16%) returned of their own volition

25 (45%) for PAP smear, 10 (18%) female check-up, 10 (18%) contraception, 8(14) menopause, 2 (0.3%) fertility.

Although 25 women attended mainly for a PAP smear, a PAP smear was taken in 35(64%), 32/55 (91%) had at least 1 previous PAP smear on average 4.56 (3-18) years previously, for 3 women this was their first ever smear.

1/8 women with menopausal symptoms started on hormonal therapy.

## Conclusion

These data show that provision of specialist and addiction services under-one-roof is feasible and is a service that women choose to return to for their ongoing SRH needs, so improving access for this group of women.

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INHSU2023