

# ARPA-CHEMSEX PROJECT

## Enhanced a Multidisciplinary Network Support- Chemsex Project in France

### Chemsex

Practices involving multiple use of psychoactive substances in a context of sexual sessions.



Men Who Have Sex with Men (MSM), are the primarily concerned by a polysubstance use of specific products like synthetic cathinones, crystal-methamphetamine, GHB/GBL, for stimulating effect and disinhibiting. The Internet plays an important role in the purchase of products online or by finding partners with geolocated dating applications.

- taboo of the representation of chemsex.
- The Covid-19 has changed the way users consume as well as professional practices.
- lack of awareness-raising for professionals
- complex coordination of the actors involved.
- care and support offers not visible enough.
- inequalities of services across the territory.



Chemsex requires a global and coordinated response, focused on prevention, harm reduction, understanding and non-judgment.

### ARPA-Chemsex

To set up and reinforce, on a territorial scale, multidisciplinary offers of sexual prevention and harm reduction for chemsexers, and to produce capitalisation and implementation tools.

The ARPA-Chemsex project is financed by the French public authorities.



An action site includes a harm reduction service in addictology and a LGBTQ+ community health centre. They both decide and implement offers, according to the needs identified. A funding envelope is assigned for this. Federation Addiction and Aides ensure methodological monitoring. The ARPA-Chemsex project has plan for 6 action sites.



From 2022 to 2024 (3 years)



**Paris**  
Kiosque Checkpoint (Groupe SOS) & Spot Beaumarchais (Aides)



**Bordeaux**  
CEID-Addictions & Aides local centre



**Marseille**  
Csapa La Villa Floréal & Spot Longchamp (Aides)



**Lille**  
Spiritek & Aides local centre



**Lyon**  
Pause Diabolo (Le Mas) & Aides local centre



**Montpellier**  
Acess (Groupe SOS) & Spot Montpellier (Aides)



#### Regional Actions

- Duty period and group therapy for chemsexers ;
- Self-assessment questionnaire to give an overall view of chemsexers' consumptions ;
- A brochure introducing the network of regional actors ;
- Training sessions for hospital practitioners ;
- Harm reduction tools for drugs : card dedicated to crush and huff drugs, harm reduction boxes for sex parties, ... ;
- GHB/GBL prevention videos ;
- Drug analysis and Testing ;
- Outreach actions in parties and festivals.

#### National Actions

- Guideline to analyse the situation and need of the action sites ;
- Training sessions with tools for resource people ;
- Private Facebook group for practitioners ;
- Seminars and any events to present the project ;
- Communication resources (flyer, poster) to promote ARPA-Chemsex's philosophy and the action sites ;
- Support guide based on the actions done to demonstrate the possibilities ;
- Advocacy document to improve policies ;
- Project evaluation report by an external evaluation agency (Planète Publique).

#### Contact us

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