

COLLOCATION OF HCV TREATMENT,
BUPRENORPHINE, AND PrEP TO
REDUCE HARM IN PWID WITH HCV:
THE ANCHOR STUDY

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DISCLOSURE

- The ANCHOR study is supported by an investigator initiated research grant from Gilead Sciences paid to the institution (IHV/UMD)

OBJECTIVES

- Understand the efficacy of using direct acting antivirals to treat HCV infected individuals with ongoing injection drug use.
- Evaluate HCV treatment as an anchor to engage PWID in harm reduction strategies
 - Opioid agonist therapy
 - Pre-exposure prophylaxis (PrEP)
 - Needle and syringe programs
 - Naloxone

BACKGROUND

- PWID have high interest in treatment for HCV¹
- PWID treated with IFN based therapy had comparable rates of SVR and treatment adherence to non-drug users²
- In clinical trials, PWID on opioid agonist therapy demonstrated high rates of SVR when treated with DAAs³
- For PWID not on opioid agonist therapy, there are increasing data indicating high rates of SVR in PWID with recent IDU⁴

¹Doab, 2005; Grebely, 2008; Stein, 2001; Strathdee, 2005

²Cunningham, 2017

³Dore, 2016

⁴Grebely, 2017

BACKGROUND

- If the goal is to improve morbidity and mortality in PWID
 - HCV cure is not enough
- Even after HCV cure, PWID are at risk for:
 - HCV reinfection
 - HIV acquisition
 - Opioid overdose
- To positively impact this population and the HCV epidemic, we must address all three potential harms.

HARM REDUCTION IN PWID

- Opioid agonist therapy (buprenorphine or methadone)¹
- Needle and syringe programs²
- Pre-exposure prophylaxis for HIV with tenofovir³
- Naloxone distribution⁴

¹Tsui, 2014

²Martin, 2013

³Choopanya, 2013

⁴Walley, 2013

METHODS

THE ANCHOR STUDY

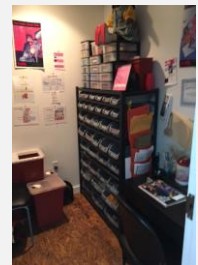
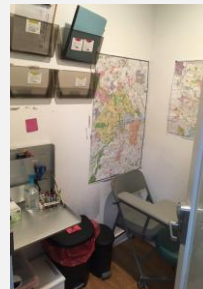
- **Single center study**
- **Evaluates a model of care to provide targeted, comprehensive care utilizing HCV treatment to engage PWID in harm reduction strategies.**

PARTICIPANTS

- **N = 100**
- **Inclusion**
 - Chronic HCV infection
 - Opioid use disorder
 - Injection of an opioid within 3 months
- **Exclusion**
 - Decompensated cirrhosis
 - Prior DAA therapy
 - CrCl <30

METHODS

- **Patients are treated at HIPS, a harm reduction organization drop-in center in Washington, DC**
 - Community health workers
 - Transportation provided as needed



METHODS

- **All patients receive sofosbuvir/velpatasvir x12 weeks**
 - Access to needle and syringe program
 - Access to naloxone
- **On-treatment MD Visits**
 - Day 0
 - Week 4
 - Week 8
 - Week 12
- **Medication**
 - 1 bottle (28 pills) dispensed on-site during treatment visit
 - Delivered by CHW if patient doesn't come to visit

METHODS

- **Eligible patients are offered**
 - Initiation of opioid agonist therapy with buprenorphine/naloxone
 - Initiation of PrEP with tenofovir/emtricitabine
- **Patients are followed prospectively for 2 years**
 - HCV reinfection, HIV acquisition
 - Risk behaviors
 - HCV-PRO

OUTCOMES OF INTEREST - HCV

- Long-term efficacy of direct acting antiviral therapy in PWID
 - Adherence to visits and medication
 - Sustained virologic response
 - HCV reinfection

OUTCOMES OF INTEREST – HARM REDUCTION

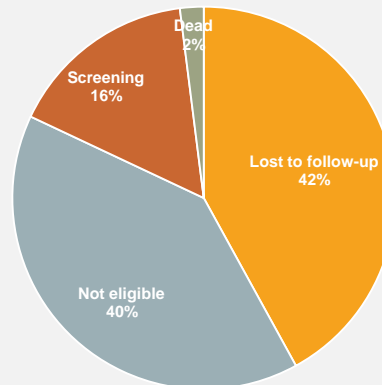
- Impact of embedded HCV care on uptake of harm reduction services
 - Initiation of and adherence to buprenorphine/naloxone
 - Initiation of and adherence to PrEP
 - Engagement in needle and syringe program
 - Frequency of opioid overdose and naloxone administration
 - Change in risk behaviors over time

RESULTS

RESULTS – ENROLLMENT

- 97 patients screened
- 53 patients enrolled
- Reasons not eligible
 - 10 HCV VL UD
 - 4 Medical contraindication
 - 3 No active IDU
 - 1 No venous access
 - 2 Other

Reasons for non-enrollment



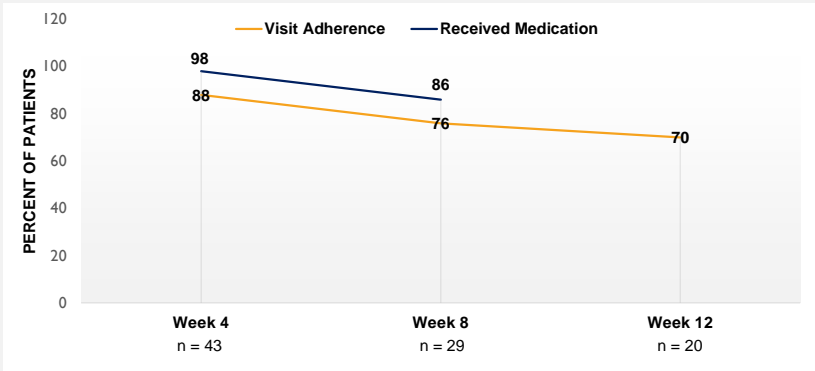
RESULTS - DEMOGRAPHICS

Baseline Characteristics	Total Cohort n=53
Median Age, years	57
Men, n (%)	40 (75)
Race, n (%)	
Black	51 (96)
White	1 (2)
More than one race	1 (2)
Frequency of opioid injection	
Once a day or more	34 (64)
More than once a week	10 (19)
Once a week or less	9 (17)
Cirrhosis, n (%)	16 (30)
HIV co-infection, n (%)	1 (2)

RESULTS – OVERDOSE BASELINE

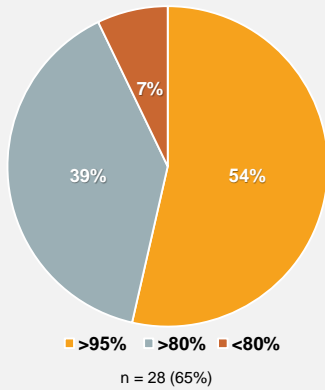
- 33 (62%) have ever overdosed on an opioid
- 49 (93%) have ever witnessed another person overdose on an opioid
- 15 (28%) currently carry naloxone
- 29 (76%) are interested in getting naloxone

RESULTS - ADHERENCE

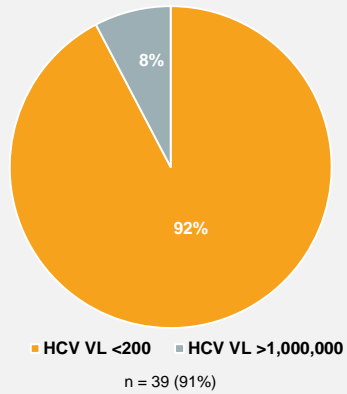


RESULTS - ADHERENCE WEEK 4

Adherence by Pill Count



Week 4 HCV VL



RESULTS – OPIOID AGONIST THERAPY

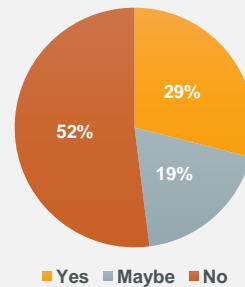
- 35 (63%) patients not on opioid agonist therapy at screening
- 35 (100%) interested in opioid agonist treatment
- 22 (63%) started buprenorphine/naloxone
- 18 (82%) retained in buprenorphine/naloxone

RESULTS - PrEP

Of 52 (98%) non-HIV infected patients

- 0 patients on PrEP at screening
- 28 (55%) eligible for PrEP by CDC criteria
- 10 (19%) started on PrEP

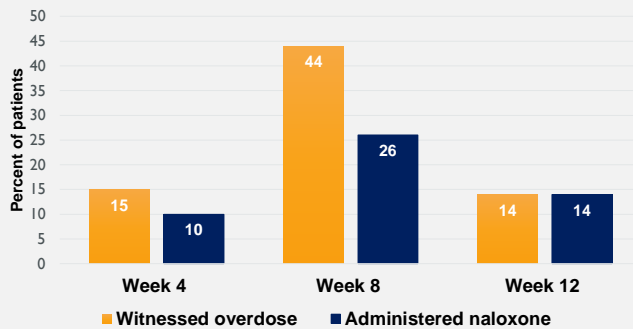
Baseline Interest



RESULTS – OVERDOSE ON TREATMENT

- No enrolled patients have reported overdose after HCV treatment day 0

Witnessed Opioid Overdose



RESULTS - INCARCERATION

- 48 (91%) ever incarcerated
- Median of 9.6 years since last incarceration
- 5 (9%) known to be incarcerated after Day 0
 - 4 incarcerated before completing HCV treatment

CONCLUSIONS

CONCLUSIONS

- Preliminary results of the ANCHOR study support that PWID with HCV have:
 - Good adherence to DAA treatment
 - High interest in buprenorphine treatment
 - Moderate interest in PrEP
 - High risk of overdose or witnessing an overdose
- Collocating HCV therapy with buprenorphine, PrEP, and naloxone may provide an opportunity to initiate harm reduction strategies in PWID
- Frequent incarceration may be a challenge in the continuity of HCV treatment in these individuals
- We continue to acquire long-term outcomes regarding SVR, reinfection, and other measures.

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